How to Put on a Face Mask

Hands

Wash 20 seconds or apply Sanitizer

1

Mask

Put on mask

2

Fit mask to cover nose & mouth

3

If you must touch your mask to adjust to cover your face properly make sure to hand sanitize afterwards.

Hands + Activity

Wash 20 seconds or Sanitize

4

Perform Duties | WORK ZONE

5

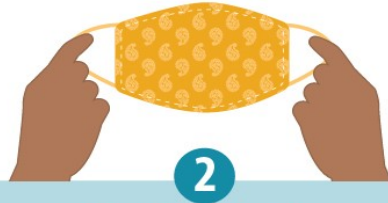**Do not** touch face or adjust mask while working

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1. Grasp the straps of your mask with clean hands.
2. Loop straps around your ears.
3. Avoid touching the front of your mask. If you must to adjust your mask hand sanitize before interacting with your environment.

How to Remove & Store a Face Mask

1 Carefully, untie the strings behind your head or stretch the ear loops

2 Handle only by the ear loops or ties

3 Fold outside corners together

4 Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing

How to store your mask when going to the bathroom, taking a drink or eating.

Place your mask on a clean paper towel. *(Exterior of the mask facing down with the ties placed away from the inside.)*

Store your mask in a clean paper bag.

TIPS

- Wash/Sanitize hands before and after touching your mask.
- Store in a container with airflow.
  - Brown paper bag
  - Plastic container with a couple holes cut into the top.
- Wash your mask on a regular basis.

When putting on a facemask
Clean your hands and put on your facemask so it fully covers your mouth and nose.

Do Secure the elastic band around our ears   **Do** Ensure your mouth and nose are covered

When wearing a facemask, don't do the following:

Don't wear mask below your nose and/or mouth   **Don't** allow straps to hang.

Don't Touch the front of your mask.

Don't wear on your head.

Don't let hang under your chin.

Don't hang off your arm or hand.